



# Refreshing the Health and Care Plan Priorities

**Health and Social Care Scrutiny Commission**  
**21 October 2024**



# Why refresh the Health and Care Plan priorities?

- Partnership Southwark Health and Care Plan was launched in the summer 2023
- One year on – aim to focus on fewer number of priorities where we could have the biggest impact by working in partnership



# The priorities of the key strategies for Southwark have strong alignment

**SOUTHWARK  
2030**

 **A good start in life** 2



**Staying well**

5

Ensure every child and adult can get the mental health support they need when they need it

Help more people stay well, reducing the inequalities in health across our community

Improve the wellbeing of people with long term conditions and disabilities and their carers

  
Partnership  
Southwark  
Health & Care  
Plan 2023-28


**1001 Days**  
- Start Well

**Children Mental Health Transformation**  
- Start Well

**Adult Mental Health Transformation**  
- Live Well

**Vital 5**  
- Live Well

 **Frailty**  
- Age Well

 **Lower limb wound care**  
- Age Well

**South East London**  
Integrated Care System  
Strategic  
Priorities for  
2023-28

**Early years**

**Children's and young people's mental health**

**Adults' mental health**

**Prevention and wellbeing**

**Primary care and people with long-term conditions**

**Southwark's Joint Health and Wellbeing Strategy**  
2022 - 2027

**A whole family approach to giving children the best start in life**

**Strong and connected communities**

**Healthy employment and good health for working age adults**

**Early identification and support to stay well**

**Integration of health and social care**

Based on the national & local context, existing strategies, and board discussion, the following refreshed priorities for the Health and Care Plan have been approved for 2024-2027

**Start well**

1 Children and Young People's Mental Health

*Existing priority*

**Live well**

2 Adult Mental Health

*Existing priority*

**Age well**

3 Integrated Frailty Pathway

*Existing priority*

4 Prevention & health inequalities

*Vital 5 evolves into*

5 Integrated Neighbourhood Teams

*New priority*

**National context:**

The Fuller Review; Labour Party manifesto, ministerial views and the King's Speech which focus on 'fix the front door to the NHS [GPs]', reduce waiting lists, mental health provision & prevention.

For each strategic priority:



**Working groups to:**



**Define the  
desired  
outcome – what  
will be different  
for Southwark  
residents?**



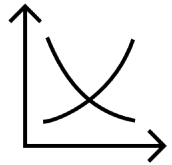
**Decide how to  
measure success**



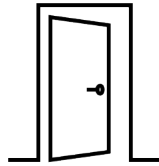
**Develop a  
delivery plan to  
achieve the aim**



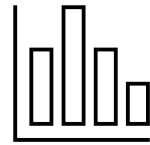
Each work group will consider how their delivery plan is:



**Managing demand and capacity**



**Improving access & reducing health inequalities**



**Reducing unwarranted variation**



**Supporting carers**



**Supporting the VCSE as a key partner**



**A sustainable workforce**



**Optimising IT and digital**



**Making best use of our estates**



**Reducing inefficiency and waste**



**Drawing on the evidence base**



## Draft outcome statements (in development)

### Priority

### What will be different for Southwark residents?

- 1 Children and Young People's Mental Health

Children and young people who need mental health support will not have to wait so long to receive it.
- 2 Adult Mental Health

Adults who need mental health support will not have to wait so long to receive it
- 3 Integrated Frailty Pathway

Older people who are living with frailty (i.e. at risk of falls, disability, admission to hospital or needing long-term care) will be identified sooner and will receive appropriate treatment and support in a more coordinated way, closer to their homes.
- 4 Prevention & health inequalities

We will reduce health inequalities by making every Vital 5 contact will count, ensuring our most disadvantaged communities have access to post-check, tailored support to improve their health and wellbeing
- 5 Integrated Neighbourhood Teams

People living with multiple long term conditions will receive more holistic support (i.e. support which meets their physical needs as well as their mental wellbeing) in a more coordinated way, closer to their homes.